



Patient Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_ DOB: \_\_\_\_\_ Referral and Certification Period: \_\_\_\_\_ -12/31/

Address: \_\_\_\_\_ Insurance: \_\_\_\_\_

PrimaryDX

- 250.00 NIDDM without complication, 250.01 IDDM without complication, 250.02 NIDDM uncontrolled, 250.03 IDDM uncontrolled,
- 271.3 Glucose Intolerance, 278.00 Obesity, 278.02 Overweight, 251.2 Hypoglycemia, 593.3 Chronic Renal Insufficiency,
- 585 Chronic Renal Failure, V42.0 Organ replaced by transplant-Kidney, 648.80 Gestational Diabetes, other: \_\_\_\_\_

Secondary Dx:

- Hypertension. Dyslipidemia. Stroke. CHD. Obesity. Renal Disease. Neuropathy. Retinopathy

Labs: Fasting BG: \_\_\_\_\_ PP BG: \_\_\_\_\_ A1C: \_\_\_\_\_ LDL: \_\_\_\_\_ HDL: \_\_\_\_\_ Triglycerides: \_\_\_\_\_ Date: \_\_\_\_\_ Minimum required labs >126 fasting, or >200 PP with DM

Diabetes self-management training (DSMT) and medical nutrition therapy (MNT) are individual and complimentary services used to improve diabetes care. Both services can be ordered in the same year. Research indicates that MNT and DSMT combined, improves outcome. Medicare allows 3 hours of MNT in the first year and 2 hours of follow-up education per year, and 10 hours of DSMT once in a lifetime and 2 hours DSMT every year. **Please check the service you are ordering.**

<p><input type="checkbox"/> <b>MNT-97802/3-CARB counting, Lipid management, Weight controls.</b></p> <p>Session 1 is ½- 1 hour of initial assessment. All remaining sessions are based on the individuals follow up needs (generally 4 - 30 minutes sessions divided over 12 months).</p> <p><b>Goal:</b> Assist the person with diabetes in controlling their blood glucose by learning and demonstrating self-management skills related to:</p> <ul style="list-style-type: none"> <li>• meal planning, exercise, and self-blood glucose monitoring, basic physiology, goals of HbA1C; CARB counting and label reading, low-fat food choices and dietary cholesterol, symptoms of hypo/ hyperglycemia, treatment for hypo/hyperglycemia, goal setting and behavior change, safe alcohol use, safe methods of weight control.</li> </ul>	<p><input type="checkbox"/> <b>MNT-97802/3-Advanced CARB Counting</b></p> <p><b>Goal:</b> Assist the person with diabetes in controlling their blood glucose by learning and demonstration:</p> <ul style="list-style-type: none"> <li>• The relationship between meals, insulin and the time of day, testing basal and bolus ratios/rates, and adjusting these values, and pattern management.</li> </ul> <p><input type="checkbox"/> <b>Renal Meal Planning</b></p> <p><b>Goal:</b> Assist the person with renal disease in controlling the progression and symptoms of their disease through diet by learning. a) Improved blood glucose control. b) Decreased protein intake. c) Decrease sodium/potassium/phosphorus and fluid intake.</p> <p>MNT provider is Katherine M. Shaw, RD, CDE</p>
<ul style="list-style-type: none"> <li>• <input type="checkbox"/> <b>DSMT -G0108/9- 10 hours of group/individual education.</b> Goal - Assist the person with diabetes to improve glucose control by learning self management skills related to monitoring, meal planning, increased activity, medication and insulin and problem solving /goal setting.-Understand the diagnosis of DM -State the goals of treatment -Stating goals of A1C - Demonstrate ability to monitor blood glucose -Understand CARB counting and label reading -Understand benefits of physical activity -Verbalize recognition and treatment of hypoglycemia -Problem solve High and low blood glucose Understand the risk for heart disease/lipid control -Setting behavioral goals - Understanding of guidelines for alcohol use</li> </ul>	<p><b>Insulin</b></p> <ul style="list-style-type: none"> <li>• Demonstrate insulin administration</li> <li>• Understand Sick day management</li> <li>• Understand treatment of hypoglycemia</li> <li>• Understand basics of pattern control</li> </ul>

Physician Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_